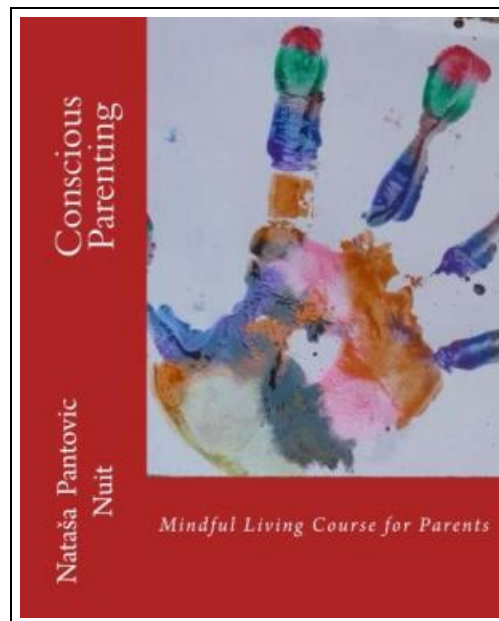


Conscious Parenting: Mindful Living Course for Parents (Alchemy of Love Mindfulness Training) (Volume 5)



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Reviews

Completely essential read publication. I am quite late in start reading this one, but better then never. You wont truly feel monotony at at any moment of your time (that's what catalogs are for regarding should you question me).
(Nels Runte IV)

CONSCIOUS PARENTING: MINDFUL LIVING COURSE FOR PARENTS (ALCHEMY OF LOVE MINDFULNESS TRAINING) (VOLUME 5)



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Artof4elements. Paperback. Condition: New. 228 pages. Dimensions: 10.0in. x 8.0in. x 0.5in. Conscious Parenting is the Alchemy of Love Mindfulness Training Course designed for parents. We use Transformation Tools and Spiritual Exercises to help parents get in touch with Soul, with Love, and with Patience when dealing with kids. Exploring the magic work with: Souls Diary, Spiritual Parenting Diary, Developing Parenting Virtues, Meditations, Rhythm, Day-to-day Routine, Happy Family Structure, Cultivating of Relationships, etc. the course explores some very inspiring exercises to examine the mind, subconscious and conscious thoughts, emotions, relationships. Conscious Parenting Course looks into the parenting goals, dreams, from simple day-to-day task planning to the each parents dream of the bigger vision. Ivana Milosavljevic Mgr. Education, with Masters and keen interest in Special Needs, co-author of the book says: After many years that Ive spent examining and studying childrens psychology and exploring the wonders of pedagogy some essential questions kept following me and inspiring my journey: - Is there such a thing as an ideal parent and an ideal growing environment for our children - What is it that our little ones need to grow into happy, independent and fulfilled human beings - What is it that we (grown-ups) need to do so that our children stay stress-free and joyful - How to understand the needs of these gentle and pure souls that are given to us for our guidance without suffocating their inborn happiness - How to cultivate the perfect goodness that is a part of their being without distorting it into: anger, doubt, distress, unhappiness - How to protect them and what is it exactly that we need to protect The Conscious Parenting Course was born out of these Magic Questions. All through the mindfulness exercises of the Conscious Parenting Course, the parents are encouraged to listen to...

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