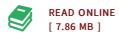




## Full: Food, Jesus, and the Battle for Satisfaction

By Asheritah Ciuciu

Christianaudio, 2017. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. Can the Bible help me with my food struggles? Have you ever felt stuck in a seemingly endless cycle of overeating, yo-yo dieting, and obsessive thoughts about food? Whether you feel defeated by your lack of self-control or overwhelmed by thoughts and longings for food, the answer to our food fixation does not lie in the \$500 billion global diet industry. This is not a diet book and it s not a healthy eating plan. Because at the core, our problem is not really what we eat. It s why we seek fullness in something that will never satisfy. Join Asheritah Ciuciu as she shares honestly about her own battles with food and reveals the path to freedom. You ll discover the joy of living free from food fixation so you can experience deeper satisfaction in Christ, gain a renewed sense of purpose, and yes, even enjoy good food (without regret). A healthier relationship with food through a stronger relationship with Christ--that s the goal of Full.



## Reviews

Absolutely essential go through ebook. It can be rally exciting through studying period of time. Its been written in an exceptionally simple way in fact it is only right after i finished reading this pdf where basically modified me, modify the way i believe.

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-- Tanner Willms PhD

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HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English. Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



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ZONDERVAN, United States, 2010. Paperback. Book Condition: New. 180 x 127 mm. Language: English. Brand New Book. The Case for the Resurrection, a ninety-six-page booklet from bestselling author Lee Strobel, provides new evidence that shines a fresh light on the Bible...



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