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One Pot Wonders (Hardback)

By Lindsey Bareham

Penguin Books Ltd, United Kingdom, 2014. Hardback. Condition: New. Language: English . Brand New Book. 100 warming, nutritious and simple One Pot Wonders from Lindsey Bareham. If you're getting bored with your new year diet and even more bored with the washing up, Lindsey Bareham brings you recipes for perfect comfort food for curling up and enjoying on your own, or feasting with family and friends. Dishes to suit every occasion. Lindsey's delicious recipes include her oven-baked meatballs with sweet potato and roasted shallots, Saffron chicken with apricots and cardamom, asparagus, potato, pea and quinoa salad, many of which are perfect for the diet-conscious. And there are puddings too, from lychees, melon and stem ginger fruit salad to a comforting Malva pudding. Lindsey Bareham's recipes feature big flavours from all around the world but, more importantly, these One Pot Wonders are incredibly easy to make - anyone can cook them. Chapters include: Bakes, Big soups, Stews, Curries, Pasta, Salads and Puddings. Lindsey Bareham is one of the UK's most talented cookery writers. Her daily after-work recipe column for the Evening Standard ran for 8 years and she currently writes the much-loved Dinner Tonight column for The Times. The author...



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