

Eft - Best Practices for Energy Management: How to Reap Optimal Benefits from Your Eft Energy Therapy Sessions

By Anne I Merkel Phd

Ariela Group Publications, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ****** Print on Demand ******. This paperback version of a popular e-book gives EFT practitioners an opportunity to get more from their tapping experience and to understand why meridian tapping works! * Get more from each session by doing this after you tap. * Protect yourself from taking on the energies you just cleared. * Know how to best talk to your own subconscious so that it listens. * Understand the roots of EFT and why it helps you. * Unblock yourself from clearing your own issues. This is a must-have for every Meridian Tapping Enthusiast!.





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