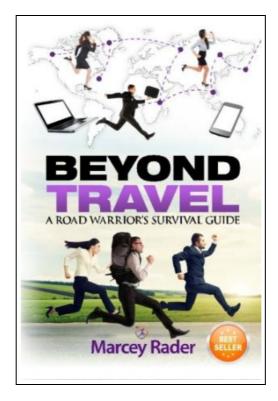
# Beyond Travel: A Road Warrior s Survival Guide



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(Kristy Stroman)

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Marcey Rader Coaching, LLC, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. Marcey Rader, Lifestyle Designer and The Savve Traveler for Extended Stay America Hotels(r), uses her ten plus years of corporate business travel experience, her diverse background in wellness, operations management, corporate training and productivity with the intention to empower Road Warriors everywhere! She knows firsthand that business travel isn t part of your job. It s a lifestyle . You don t have to sacrifice your health and productivity on the road. It s the most comprehensive and practical book on productivity that I have seen in the 37 years I have been in the productivity and organizing industry. Barbara Hemphill, Founder, Productive Environment Institute and Author, Less Clutter More Life This book is fun, dynamic, high-octane goodness that no on-the-go badass can do without! Eyenie Schultz, The Technicolor Priestess and SoulStyle Alchemist After having finished the book several days ago, I got the best night s sleep I ve had in ages. I wish I had read Marcey s words 300,000 air miles ago! Brad Messner, Eternal Road Warrior and Founder, Travel Development Group This book is jam-packed with health and productivity hacks for hotel, air, auto and home! The easy-to-read format guides you through apps and programs designed specifically to streamline your life, and behavioral changes to help you eat for energy, find movement opportunities, and sleep like a champ. You II develop productivity habits to control your inbox, master your calendar, and complete your tasks to Work Well and Play More! BONUS! Buyers get special access to hidden online chapters with all links, references, resources, and discounts cited in the book. You don't have to spend your weekends catching up,...



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