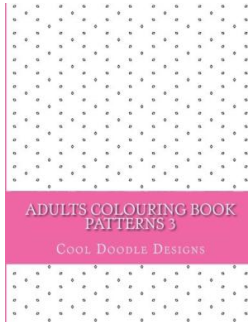


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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Adults Colouring Book Mindfulness Series -Patterns has been created for people who want to colour and are intrigued by the patterns of life Twenty Five individual patterns ranging from beginner to more experienced Hours of creative self-expression Great for stress relief, encouraging focus on the here-and-now rather than the past or future Lose yourself...

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- Authored by CoolDoodle Designs
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