



Summary of the 5 Second Rule by Mel Robbins: Conversation Starters (Paperback)

By Bookhabits

Blurb, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The 5 Second Rule by Mel Robbins: Conversation Starters The 5 Second Rule: Transform Your Life, Work, and Confidence with Everyday Courage is the second book published by Mel Robbins. Available in February 2017, the self-help book leads readers to believe their lives can be changed for the better in as little as five seconds. Regardless of what the readers goal may be, he or she can reach it, simply by changing their tune five seconds at a time. The book offers the new, improved, fast and easy way to increased confidence, happiness, and more. Readers and followers of Mel Robbins alike share their personal stories, showing just how their lives were changed because of The 5 Second Rule. A Brief Look Inside: EVERY GOOD BOOK CONTAINS A WORLD FAR DEEPER than the surface of its pages. The characters and their world come alive, and the characters and its world still live on. Conversation Starters is peppered with questions designed to bring us beneath the surface of the page and invite us into the world that lives on. These questions can be used to...



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