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Organic Milk Myth: Why Organic and UHT Milk are Much Worse for Health Than Regular Milk

By Russell Eaton

DELIVEREDONLINE.COM, United Kingdom, 2008. Paperback. Book Condition: New. 211 x 140 mm. Language: English . Brand New Book. The latest studies are showing that organic pasteurized milk is significantly worse for health compared to regular pasteurized milk. Backed up by peer-reviewed research published in mainstream medical journals, Organic Milk Myth is a book that explodes the myth that organic milk is in any way better for health. This is a high quality, thoroughly researched publication with over 160 bibliographical references. Many people may not believe that organic milk is any better for you. But to suggest that organic milk is actually much worse for health compared to regular nonorganic milk may seem bizarre. Yet all the research is pointing in this direction. Here we are talking about the kind of organic milk you can buy from retailers and supermarkets, just about anywhere. Organic milk is more likely to cause human disease, is higher in harmful somatic cells, is worse for the environment and global warming, is worse for cows (greater suffering), is not more nutritious than nonorganic milk, and it does not have less pesticides or antibiotics. And this is just the tip of the iceberg. Eighty percent of organic...

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