



## The Declutter Workbook: 101 steps to transform your life: 101 Feng Shui Steps to Transform Your Life

By MARY LAMBERT

CICO BOOKS, 2005. Soft cover. Condition: New. Synopsis: The Declutter Workbook delivers achievable dejunking projects that will fit into your life, no matter how chaotic your clutter or great your dread of the great clearout. From the Author: I wrote this book after comments from many people: 'I haven't got time to clear my clutter'. The timed projects fit into the hectic lives we all lead nowadays. Some of them can be tackled in just half an hour and see how good you feel afterwards. Clutter is an insidious problem of our materialistic lifestyles today but releasing it can be transformational. By literally clearing out the items you no longer need in your life you will be amazed at what other wondrous things appear.



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