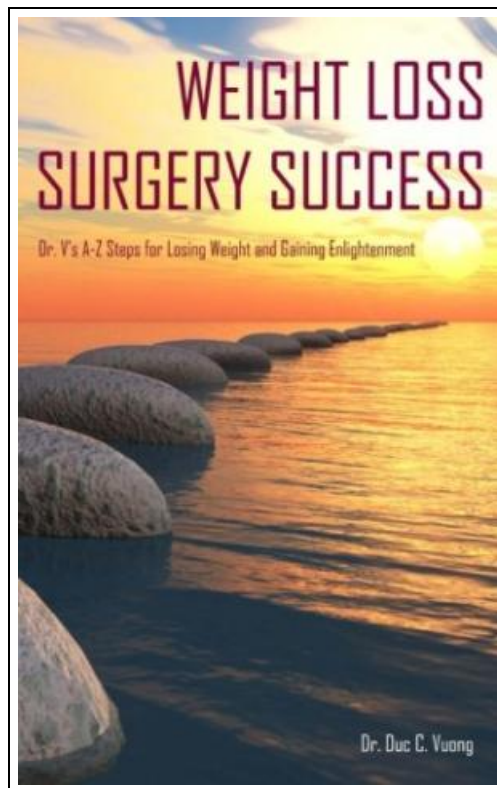


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Reviews



It is fantastic and great. It is written in easy words and phrases instead of confusing. I am just delighted to explain how this is actually the best book I have ever read through during my individual life and might be the finest publication for ever.
(Prof. Murl Shanahan DDS)

WEIGHT LOSS SURGERY SUCCESS: DR. V S A-Z STEPS FOR LOSING WEIGHT AND GAINING ENLIGHTENMENT (PAPERBACK)



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Happystance Publishing, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. In this book, Dr. Vuong offers pertinent psychological and self-improvement tips that are necessary for success after weight loss surgery, which is a rarely covered topic. Drawing on his professional experience working with obesity patients and his own personal journey for enlightenment, he has provided a concise yet profound manual for losing weight and gaining enlightenment. This book does not discuss the various weight loss surgeries, complications, insurance coverage, food tips, or the usual dieting tips. This book deals more with what really matters after weight loss surgery--how to change your mind and hence your perception of reality. Whether you are a newbie to weight loss surgery, a seasoned dieter, or just someone seeking enlightenment, this book is a must read. Dr. Vuong is an internationally renowned bariatric surgeon and the current director of Lovelace Bariatrics in Albuquerque, New Mexico. He is recognized for his unique Patient Empowerment Program, in which he personally leads weekly educational sessions for his WLS patients. A popular speaker, Dr. Vuong starred in TLC s hit show, 900 Pound Man: A Race Against Time.

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