



## The Ten Speed Commandments: An Irreverent Guide to the Complete Sport of Cycling (Paperback)

By Michael Keefe

Random House USA Inc, India, 1987. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Takes a humorous look at bicycle history, exercise, types of bicycles, riding technique, safety precautions, commuting, touring, and racing.



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