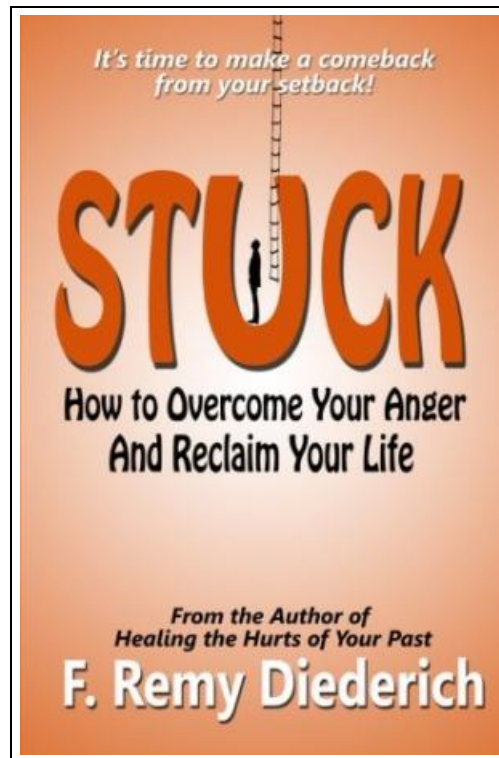


Stuck: How to Overcome Your Anger and Reclaim Your Life (Paperback)



Filesize: 8.59 MB

Reviews

An incredibly amazing book with perfect and lucid information. I was able to comprehend everything using this written e book. I realized this book from my dad and i advised this ebook to understand.
(Hank Ruecker DDS)

STUCK: HOW TO OVERCOME YOUR ANGER AND RECLAIM YOUR LIFE (PAPERBACK)



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Createspace Independent Publishing Platform, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Readers get the help they need in STUCK: A great read from cover to cover, like an owner s manual in that you can turn to the part of the book that addresses your specific need. Engaging and useful with questions and model prayers at the end of each section that help you apply the principles to your own situations. Bible verses that support his positions and offer further guidance. Wonderful insights into anger and forgiveness. . .an amazing and practical resource to help people with the hard work of moving forward.very versatile; it can be used by individuals as well as being a must have tool for counselors working with those who have experienced a rough ending. The questions at the end of each chapter are designed to help the reader dig deep for answers that matter. His use of scripture illustrates our common humanity without being preachy or in the least bit overwhelming. Are You STUCK in Anger? Getting stuck in anger is one of the worst places to be. It s like being boxed into a corner with no where to turn. You are full of emotion but have no idea how to get rid of it in a constructive way. If that s where you find yourself today, then STUCK may be the book to help you get unstuck. A Biblical Approach to Forgiveness F. Remy Diederich s writing is rich in biblical thought and counsel, but not simplistic in its application, or blind to the realities of relational breakdowns. Issues of anger management and forgiveness are carefully looked at from a biblical perspective. Remy also includes a special section on how to forgive yourself. A Compassionate, Realistic...



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