



## ALEF-Bet Yoga for Kids (Paperback)

By Bill Goldeen, Ruth Goldeen

Kar-Ben Publishing, United States, 2009. Paperback. Condition: New. Language: English. Brand New Book. Learn the Hebrew alphabet through yoga! Using traditional and modified yoga poses, kids can create the letters and also benefit from the stretching and strengthening offered by each pose.



## Reviews

A really great publication with perfect and lucid explanations. Of course, it is play, continue to an amazing and interesting literature. I discovered this book from my i and dad suggested this publication to find out.

-- Dr. Augustine Borer

Comprehensive guideline! Its this sort of good read. It is actually writter in simple terms and never hard to understand. Its been developed in an exceedingly simple way which is just after i finished reading through this ebook where actually changed me, modify the way in my opinion.

-- Mabelle Wuckert