



Power Over Autoimmune: Take Back Control of Your Condition and Live the Life You Were Always Meant to Live (Paperback)

By Gregg Haven M D

Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The number of US citizens that are diagnosed with chronic conditions is on the rise. It has been predicted that close to half of the population will be diagnosed with some kind of chronic condition by 2030. This could mean several things. First, more people will become sick early in their life. Second, it s estimated that by the year 2044 the cost of Medicaid and Medicare to treat these problems will rise to more than all the taxes than the government collects. What s even worse is that the most common conditions are grouped together as autoimmune diseases, which is where the body, while it is trying to heal itself, is attacking itself instead. How should we handle this then? The answer begins at home and not in a doctor s office. Health begins where you live, in the kitchen where you cook, and the places where you eat. Your spoon and fork are among the best tools you can use to change your life. This book is here to provide you with the information you need to start fighting off...



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This composed ebook is wonderful. I could comprehend almost everything out of this composed e ebook. You may like just how the blogger publish this ebook.

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Simply no words and phrases to clarify. It really is full of knowledge and wisdom You wont feel monotony at at any moment of the time (that's what catalogs are for relating to when you question me).

-- **Paolo Spinka**