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Getting Started in Sailboat Racing (Paperback)

By Adam Cort, Richard Stearns

McGraw-Hill Education - Europe, United States, 2013. Paperback. Condition: New. 2nd edition. Language: English . Brand New Book. Everything you need to race your way up through the fleet If you sail--even a little--you ve probably thought about trying your hand at racing. Now you can stop thinking and do it. Getting Started in Sailboat Racing makes this endlessly fascinating lifetime sport accessible to anyone who wants to give it a try, whether you own a sailboat, are hoping to crew, or spectating from a nearby perch. This complete course in racing fundamentals breaks the racing experience down into bite-size pieces, making the process easier to understand and reflecting the leg-by-leg nature of a typical race. With scores of helpful illustrations, this user-friendly manual takes you around the buoys, explaining new rule changes and tactics that apply to each part of the race. You ll learn how to:Execute quick, competitive starts Maximize speed and efficiency on the windward leg Maneuver for position around the windward mark Take full advantage of downwind and reaching legs Handle the spinnaker (even when asymmetrical), and beat the crowd at the jibe and leeward marks Eke out every last bit of speed as you sprint...


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