

## Smoothies - Detox your life : green & clean



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### **Reviews**

*Absolutely essential study book. It normally fails to price excessive. I realized this ebook from my dad and i encouraged this publication to find out.*

**(Mariela Stroman)**

## SMOOTHIES - DETOX YOUR LIFE : GREEN & CLEAN



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Edition Michael Fischer Jan 2017, 2017. Buch. Condition: Neu. Neuware - Detox liegt im Trend: Den Körper entgiften und von unnötigem Ballast befreien, sich wieder leichter fühlen und neue Energie tanken - solch eine Gesundheitskur wirkt wahre Wunder! In 'Smoothies - Detox your life' hat die erfahrene Kochbuchautorin Tanja Dusy 20 unkomplizierte Rezepte mit einer Extraportion gesunder Vitalstoffe parat. Der Clou: Mit leckeren Smoothies gelingt der leichte Einstieg ins Thema Entgiften im Handumdrehen. Der Trend ist grün, clean und basisch - gesunder Treibstoff für Körper und Geist. Daumen hoch! 48 pp. Deutsch.



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