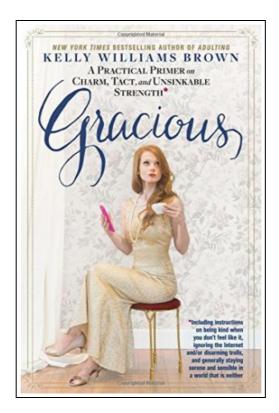
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Reviews

Very useful to any or all group of men and women. I am quite late in start reading this one, but better then never. You are going to like just how the blogger publish this book.

(Kristian Nader)

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Rodale Books, 2017. Hardback. Condition: New. Language: English . Brand New Book. So you re adulting. Now what? New York Times bestselling author of Adulting: How to Become a Grown-Up in 468 Easy(ish) Steps Kelly Williams Brown is here to tell you what, with her funny, charming guide to modern civility in these?yes, well say it?rather uncivil times. Graciousness is practicing the arts of kindness, thoughtfulness, good manners, humanity, and, well, basic decency. It snot about memorizing every rule of traditional etiquette (though there is something to be said about a lovely hand-written invitation) or being the perfect hostess. It sabout approaching the world with compassion, conviction, and self-confidence -- and it makes all the difference, whether you reat a Fancy Schmancy Intimidating Work Occasion or at the convenience store. She provides tips to help you deal with the people and circumstances that challenge all of us (pushy relatives, internet trolls), and thoughtful discussions on being the highest version of yourself. Graciousness, at its heart, is the ability to be truly present to the humans around you, to face the world with a generous heart and a core of strength that s never corroded. Even when you get rude comments from Internet strangers (hot tip: you don't give a lot of credibility to someone screaming obscenities at you on the street, so why do it online?) We can't control the world, or other humans, or even how we feel in a given moment. The only thing we can control is our words and actions, and when we act deliberately and with kindness, it makes everything better.

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