



## Happiness as an Independent Variable (Paperback)

By George Allen Blacken

BookBaby, 2017. Paperback. Condition: New. Language: English . Brand New Book. Traditional perceptions and understandings of happiness oftentimes fail to lead us to true happiness. This book explains the what, why, and how happiness must be treated as an independent variable in order to have and maintain happiness. You will discover: 1) The relationship between sadness, anger, and worry and overcoming their contributing factors, 2) Why true happiness is never achievable through the traditional means of how most us define and measure happiness, 3) What is meant by happiness being an independent variable and how this applies to our lives and the situations impacting us, 4) God s responsibility for your happiness, and 5) Being the complete you at all times. This book is spiritual therapy for depression, anger management, and anxiety. This character building book will help you be and stay strong in the midst of each crisis you may face. Happiness is a right, not a privilege!.

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