



Evolutionary Relationships: Unleashing the Power of Mutual Awakening (Paperback)

By Patricia Alberé

Oracle Institute Press, 2017. Paperback. Condition: New. Language: English . Brand New Book. For millennia, spirituality has been a deeply personal pursuit - monks on mountaintops and yogis in caves. But the world is more social than ever, and interconnectedness is transforming everything, from our family lives to work. Today, we need a spirituality that focuses more on we than me. In Evolutionary Relationships, Patricia Alberé draws on more than four decades of teaching work to introduce a new kind of spirituality called mutual awakening that can be explored with a partner. An Evolutionary Relationship is one that drives us, challenges us, compels us to grow and evolve. It is a consciously created connection that is formed between two or more people who mutually commit to explore and develop higher states of perception and awareness together. This book shows readers how to find and transform any committed relationship - whether with a spouse, lover, partner, close friend, or family member - into a dynamic engine for mutual evolution. Evolutionary Relationships also contains current research on the psychological, cultural, scientific, and spiritual framework for mutual awakening. Alberé builds on the work of esteemed developmental psychologists such as Abraham Maslow, Dr. David...



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