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Plynn Gutman, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The journaling process made easy with an entire year s worth of thought provoking writing prompts, appropriate for use by teens through seniors. From the heart of her own 25-year journaling practice, the author attests that developing a daily writing habit can inform and transform one s life by increasing inner knowledge and outer awareness. The author...

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- Authored by Plynn Gutman
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