



## The Mammoth Book of Inside the Elite Forces

By Nigel Cawthorne

Little, Brown Book Group. Paperback. Book Condition: new. BRAND NEW, The Mammoth Book of Inside the Elite Forces, Nigel Cawthorne, The most comprehensive and up-to-date guide to American and British special forces, covering all aspects of their equipment, training and deployment in the Iraq age of warfare. It takes a special kind of person to join the Special Forces and those to pass the stringent entrance requirements are subjected to the most rigorous training. They're trained to be super-fit, taught to survive in the most adverse conditions, and turned into killing machines. This book reveals what makes these men tick, and everything you need to know to become one of them. It covers all the types of training required - for fitness, combat, survival, navigation, communication, infiltration, interrogation, extraction and evasion. And it details the full array of weapons used, from small arms and knives to explosives and air back-up. Also included are full listings of all the units - including the SAS, Green Berets, SBS, Navy SEALs, Delta Force, Army Rangers - and their deployment in present-day conflicts such as Desert Storm, Somalia, Afghanistan, Iraq and anti-terrorist operations.



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