



## The Encyclopedia of Self-Help, Personal Development, Self-Improvement: Change Work Psychology and Techniques

By Dr Jonathan Royle

Createspace, United States, 2013. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Encyclopedia of Self-Help, Personal Development, Self Improvement and Change Work Psychology Techniques is a massive large format (almost A4) invaluable resource of 470 information packed pages which could prove literally Life Changing in a Positive Manner for every Human Being on The Planet. You will discover how to Overcome Fears, Phobias, Habits and Addictions, How to Develop Super Power Self Confidence, Gain Masterful and Powerful Leadership and Communication Skills, train yourself to have a Super Power Memory and the ability of Speed Reading, Be able to Master Body Language and Hypnotic Persuasion, Command and Control Your Emotions and Much, Much More. Including of of course how to set Goals in the correct manner so that you have the best ever chance of your wildest dreams in life coming true and becoming 100 Total Reality. In Short this book will reveal to you literally 100 s of proven techniques, strategies and approaches to make Positive Changes in most every area of your life, both on a Personal, Business Emotional Level. The teachings will also prove of equally immense...



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