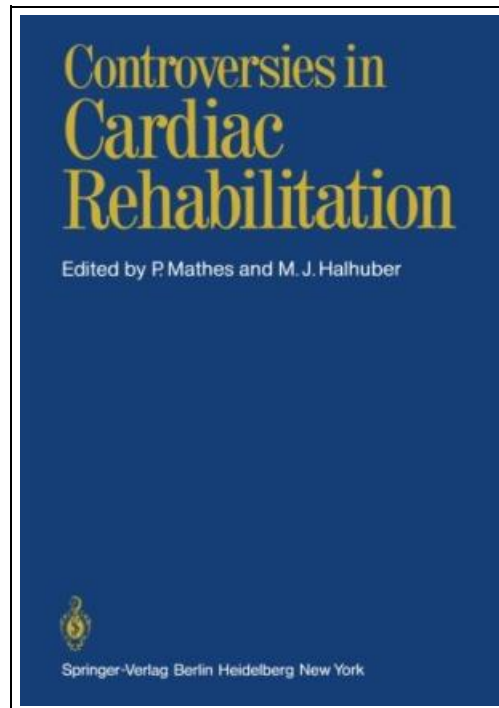


## Controversies in Cardiac Rehabilitation



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Book Condition: New. Publisher/Verlag: Springer, Berlin | This book contains the proceedings of a conference organized by the Klinik Hohenried at the Evangelische Akademie in Tutzing under the patronage of the International Society of Cardiology - Council on Rehabilitation - from Febr. 12-14, 1981. The purpose of the meeting on Current Problems in Cardiac Rehabilitation was to come closer to answering the questions posed in the following pages, and to make some opinions about cardiac rehabilitation less controversial. To comment briefly on the interesting question of why opinions in the field of cardiac rehabilitation seem more controversial than in other fields of cardiology, we would like to propose the following explanation: 1. Lack of personal experience and lack of special training in cardiac rehabilitation are a major source of misunderstandings and differences of vocabulary between cardiologists engaged in clinical practice and in rehabilitation. 2. Emotional problems in accepting a new kind of partnership between coronary patients and their physicians and a "nihilistic attitude" towards therapy of behaviour play an important role in the scepticism of cardiologists. 3. Fear of an expensive "overmedication" (I. Illich) is another argument concerning rehabilitation. | The Traditional Concept of Risk Factors in Coronary Heart Disease - Has It To Be Changed?.- The Role of Diet.- The Role of Social Factors - Behavior Patterns or Risk Situations?.- The Role of Protective Factors.- Do the Standard Risk Factors Alter Their Role After the First Myocardial Infarction?.- Is There a Difference in Risk Factors in the Development of Angina Pectoris and Myocardial Infarction?.- Physical Activity as a Secondary Preventive Measure in Coronary Heart Disease - Yes or No?.- The Reasons for Recommending Physical Training as a Preventive Measure Following Myocardial Infarction.- Evidence to Date for the Beneficial Effect of Exercise Following Myocardial...



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