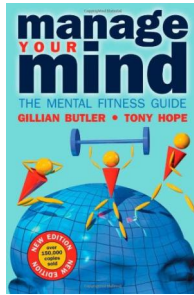


## Manage Your Mind: The Mental Fitness Guide (2nd Revised edition)



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