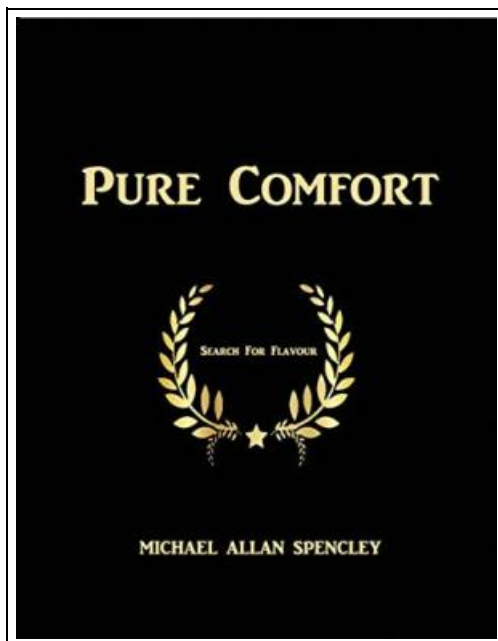


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Reviews

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PURE COMFORT: THE SEARCH FOR FLAVOUR (PAPERBACK)



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Apollo Publications, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. PURE COMFORT was written by Michael Allan Spencley. The author has had an extensive career as a senior executive with several companies which afforded him the opportunity to travel extensively throughout the world. Spencley, who is a self-confessed foodie and wine enthusiast, took the time to investigate the best of food and wine in each region of the world that he travelled to. In this book, the author, a serious food hobbyist for over 40 years, fuses the knowledge gleaned through his travels with a combination of heirloom family cooking with a focus on true comfort food recipes that reward all the senses. Using his culinary skills as a secret business tool, the author rewarded important clients with private dinners that he prepared in the intimacy of his own home. This provided these clients with a very special and unique gastronomic experience which resulted in multiple requests for his recipes. It is that collection of recipes that are contained in this book. The author takes a the-best-of-the-best approach with the influencing styles of French, Italian, and the regional USA flavors of Cajun Southwestern as well as Canadian Heritage recipes; with a prerequisite that each dish is outstanding, unique and true comfort food. The author begins with the Flavor Vault, his unique foundation of recipes for seasonings, sauces, Demi-Glaces and coatings. These essential roots are then used to sculpt and compose the flavors and textures of the various recipes in the book. PURE COMFORT contains a broad collection of recipes for appetizers, main courses, side dishes, salads, dressings, desserts, seasonings and condiments, each of which is bursting with flavor, outstanding and unique. The directions are well written, simple and easy to follow without diagrams or...



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