



## Working with Challenging Youth: Seven Guiding Principles (Paperback)

By Brent G. Richardson

Taylor Francis Ltd, United Kingdom, 2015. Paperback. Condition: New. 2nd Revised edition. Language: English . Brand New Book. Working with Challenging Youth, Second Edition is a practical, reader-friendly guide through the pitfalls and problems that arise when working with at-risk youth. As in the first edition, the new Working with Challenging Youth builds on a solid theoretical base in reality therapy, cognitive-behavioral therapy, solution-focused therapy, systems theory, and humanistic philosophy to answer the question What distinguishes the really effective professionals from the rest? This second edition includes new sections on specialized, evidence-based approaches such as dialectical behavior therapy, mindfulness, collaborative problem-solving, motivational interviewing, and multisystemic therapy. This book also offers 7 guiding principles and 50 specific lessons to help bridge the gap between helping professionals and youth.



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