



Being Grateful: How to Open the Door to a More Fulfilled Abundant Life in 13 Easy Steps (The BEING Series) (Volume 1)

By Janice Almond

Zion Publishing & Editing. Paperback. Condition: New. 114 pages. Dimensions: 8.0in. x 5.0in. x 0.3in. This IS IT! The antidote, in a simple, easy-to-read format, to issues such as: : Low self-esteem Negative thinking Fear of failure In the monotony of our very, busy lives, we often forget the simple principle that our thoughts determine our destiny. And its not until we hit a rough patch, that we decide we need to retool our lifes compass. In her book, Janice takes you on a journey that causes you to unearth a heart of gratitude that will provoke you to change the way that you perceive and live your life. If you are looking for an abundant and more fulfilled life, this book is for you. In her thirteen steps, Janice gives compelling reasons for changing your attitude and outlines specific details with quick and easy to implement strategies. These methods are vital in order to develop and maintain an attitude of gratitude, and to live a life of gratefulness. Heres an excerpt from the book: CHOOSE TO BELIEVE IN YOURSELF. On this journey we call life, if we dont believe in ourselves, there is not much we can do or accomplish...



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