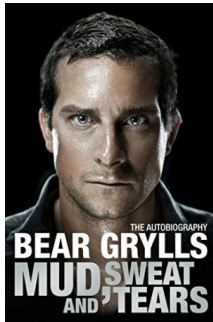


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## MUD, SWEAT AND TEARS (PAPERBACK)



Transworld Publishers Ltd, United Kingdom, 2013. Paperback. Condition: New. Language: English . Brand New Book. Bear Grylls is a man who has always sought the ultimate in adventure. Growing up on the Isle of Wight, he was taught by his father to sail and climb at an early age. As a teenager he found identity and purpose through both mountaineering and martial arts, which led the young adventurer to the foothills of the mighty Himalaya and a grandmaster's karate...

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