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## THE GOLDEN RULES: 10 STEPS TO WORLD-CLASS EXCELLENCE IN YOUR LIFE AND WORK (PAPERBACK)



Little, Brown Book Group, United Kingdom, 2018. Paperback Condition: New. Language: English. Brand New Book. Bob Bowman, best known as the coach for the record-breaking run of Michael Phelps, is one of the most successful coaches in Olympic history. The Golden Rules is his motivational book about winning in all walks of life and what you have to do to get there. He presents ten key concepts that all people should live by. Inside, illuminated by spirited anecdotes, Bowman...

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- Authored by Bob Bowman
- Released at 2018



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