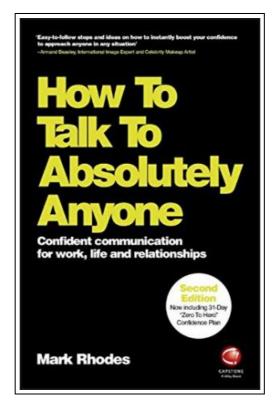
## How To Talk To Absolutely Anyone: Confident Communication for Work, Life and Relationships (Paperback)



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John Wiley and Sons Ltd, United Kingdom, 2017. Paperback. Condition: New. 2nd Edition. Language: English. Brand New Book. Talk to anyone, anytime, about anything with confidence. How to Talk to Absolutely Anyone is your personal handbook for stepping up your communication game. Part confidence coach and part social manual, this book reveals the reasons behind your reserve and offers real, practical ways to break through the barriers and make a connection. Whether you fear judgement and rejection or just don t know what to say, these simple exercises will equip you with a gold mine of social tools to get you through any situation. This new second edition has been updated to include the complete 30-day Zero to Hero Personal Confidence Course, to help you build your skills and increase your chances of getting what you want out of any conversation. Working step-by-step, you Il learn how to approach strangers, strike up a conversation and exit gracefully; by first changing your outlook, you develop the ability to navigate even tricky situations with confidence and ease. Conversation skills affect more than your social life they can impact your career as well. In removing your social hesitance, you open up a whole new world of effective communication with customers and colleagues, and begin building the relationships that get you closer to your goals. This book provides real-world techniques to help you get better and better every day, enabling you to: Overcome your fear of rejection. Strike up a conversation with anyone, anywhere. Open up to make real connections and build strong rapport. Carry your confidence into networking, sales and more. Leave the days of awkwardness behind you. Stop running away from uncomfortable interactions and start getting comfortable instead. Whether you need to close the deal, build contacts or just make small talk at a...

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