



50 DIY Beauty Recipes Using Everyday Ingredients: Natural, Homemade Skin, Hair and Body Care (Paperback)

By Tara Evans

Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.We all deserve to be pampered with luxurious beauty treatments, but not everyone can afford expensive salon and spa treatments. Even more concerning is that these treatments can contain harsh chemicals and synthetic ingredients - do you really know what you're putting on your skin and hair? Luckily there are lots of safe and natural alternatives. If you want to treat yourself to inexpensive and nourishing products, then this guide is for you! I've compiled 50 of my favorite DIY beauty recipes in this book so that you too can enjoy them. These recipes are quick and easy, and anyone can safely make them at home. Better still, all the ingredients are cheap, natural, and easy to find - you probably already have most of them in your kitchen! You'll learn to make: Exfoliating and nourishing scrubs, including body, lip, hand, leg, and foot scrubs for silky smooth skin Masks for all situations, including to fight aging, refine scars, and treat sunburn Hair care, including shampoo, conditioner, masks, and split end treatment Luxurious bath treatments Makeup remover Natural lip stains...

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