



Comparative Treatments of Depression: A Practitioner's Guide to Comparative Treatments (Paperback)

By Mark A. Reinecke, Michael R. Davison

Springer Publishing Co Inc, United States, 2007. Paperback. Condition: New. Language: English . Brand New Book. This volume comprehensively compares and contrasts alternative models of and treatment approaches to clinical depression. Each contributor, a recognized expert in their modality, analyzes the same case and provides: an overview of the treatment model; empirical evidence for both the model and treatment derived from it; and, treatment strategies and interventions, including termination issues, relapse prevention, and recommendations for follow-up care. Among the 12 approaches presented are Object Relations, Cognitive Therapies, Schema-Focused, Couple and Family, Integrative Psychotherapy as well as Psychopharmacology. A significant contribution to this volume is the chapter on cultural considerations for understanding, assessing and treating depression.

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