



Attentive: A Competence to Discern Meaning (Paperback)

By Dr Maria Marshall

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The present book is based on the work of Dr. Viktor Emil Frankl (1905-1997), an Austrian neurologist and psychiatrist and the founder of the Third Viennese School of Psychotherapy, also known as Logotherapy and Existential Analysis. Central to the tenets of this orientation to psychotherapeutic practice is the recognition that the basic motivation in human life is the will to meaning. Frankl s Logotherapy rests on a three-dimensional, holistic view of the human person, including the dimensions of body, mind and spirit. The heuristic value of his anthropological views have profound philosophical and clinical implications. Frankl asserted that human beings have a free will, they have a will to meaning and that meaning is available to every person in every situation. Extensive literature covers the foundations and applications of Viktor Frankl s Logotherapy. Randomised controlled studies and other research have proven its efficacy in the alleviation of symptoms related to a sense of meaninglessness and helping individuals live with a greater sense of purpose in their lives. Unique to this book is a conceptualization of the discernment of meaning as...



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