



## Lessons from The Miracle Doctors A Step-by-Step Guide to Optimum Health and Relief from Catastrophic Illness

By Jon Barron

Basic Health Publications. Hardcover. Condition: New. 408 pages. Dimensions: 8.9in. x 6.1in. x 1.1in. While modern medicine has made many remarkable advances, in terms of treating and preventing most chronic illnesses of the modern era heart disease, cancer, diabetes, osteoporosis, and Alzheimers disease modern medicine stands as an object failure. Each year we spend more and more on health care with little good health to show for it. Well, there is an alternative. Holistic healers, herbalists, and renegade medical doctors throughout the world are performing miracles on a daily basis. Thousands of people have come to these miracle doctors certain that they were terminally ill and have left perfectly healthy. And now the secrets of these miracle doctors are revealed in this book: a step-by-step program that will allow you to take back control of your own health and well-being. Finally, you will find these health secrets gathered in one place a program that integrates all of your bodys biological systems into a cohesive whole. The Baseline of Health Program is designed to empower your own body to throw off illness and keep it from returning. - Detoxification and cleansing strategies - Guidelines for healthy eating and nutrient supplementation - Balancing the bodys systems...



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