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## New Beginnings: A Bipolar s Journey to Regain Her God-Given Identity (Paperback)

By Faith Bonyak

Strategic Book Publishing Rights Agency, LLC, 2012. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.New Beginnings: A Bipolar s Journey to Regain Her God-Given Identity presents a bird s-eye view of the author s life. Faith Bonyak penned this memoir over a seven-year period as an overview of her life dealing with bipolar and borderline personality disorder, before there was a name for it. The first part of the book is about all the different identities I lived under to help myself deal with the issues I was undergoing. The final part is the journey to my New Beginning. It is all the things I ve learned along the way to help me see what God really had planned for me. Faith s story was written to help others overcome what she has experienced. I wanted to show others that you can lead a normal life and have this disorder. I want to be open and honest about how this disorder affects me on a daily basis and how I make my marriage and parenting work, even with the limitations it provides to me. Once again, I want to show others like me that...

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