



## Adjusting to Life After the Loss of a Child: Coping, Healing and Understanding the Emotions of Grief (Paperback)

By Lora C Mercado

Createspace, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Learning how to cope with the loss of a child is an extremely difficult and painful experience. The author, Lora C Mercado lost her son in 2003 due to a congenital heart defect. Throughout this book, she will share with you some of the things that have helped her through this journey of grief and healing, as well as other valuable tips that she has learned through research and other parents who have lost a child. Chapters Include: A Mother s Love Explained A Father s Grief Planning a Funeral Miscarriage, Infant Loss After A Long Illness Losing Multiple Children Losing An Adult Child Tragic Death, Path of Healing Keeping Their Memory Alive Helping Siblings with Loss Differences in Spouse Grief What to do with Their Room Moving On Strengthen Your Marriage After Loss Grief of Extended Family Natural Grief Therapies Tips to Help the Grieving Poems and Quotes Grief Support Resources Be sure to read Lora C Mercado s other titles: Adjusting to Life After Loss, Our Angels Await, Stories of Love from Beyond, and Healing Grief through Meditation.

DOWNLOAD



READ ONLINE

[ 9.4 MB ]

### Reviews

*The most effective publication i at any time go through. This is certainly for all those who statte that there had not been a worthy of looking at. Its been printed in an extremely straightforward way which is merely soon after i finished reading this publication where basically changed me, change the way in my opinion.*

-- **Madyson Rutherford**

*This publication is definitely worth purchasing. Yes, it is actually engage in, nevertheless an amazing and interesting literature. You can expect to like just how the author write this publication.*

-- **Odie Dicki**