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WEIGHT LOSS A ROCKET SCIENCE: OUR BELIEVE IN ERADICATION OF OBESITY FROM MANKIND (PAPERBACK)



Partridge India, United States, 2016. Paperback. Condition: New. Reprint. Language: English . Brand New Book ***** Print on Demand *****. This book will help you unwind Why your BODY being the most intelligent piece of equipment ever made, which can automatically calculate how much calories it requires to sustain and grow just like it regulates body temperature and adapts to exercises, still obesity is spreading like a Epidemic. We will go through the secret of food, body physiology, psychology, biochemistry and...

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- Authored by Dr Sunny Bawa
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