



## Alucinante Viaje Espiritual: Alternativas Frente a Las Drogas y El Abuso De Substancias

By Michael McBay, John Roger

Mandeville Press. Paperback. Book Condition: new. BRAND NEW, Alucinante Viaje Espiritual: Alternativas Frente a Las Drogas y El Abuso De Substancias, Michael McBay, John Roger, This text is in Spanish. Providing clear, useful, and non-judgmental information, this revised and fully updated handbook describes some of the effects drugs can have on the human body, mind, emotions, and unconscious. Simple and healthy alternatives to consciousness-altering substances are offered to those wishing to break away from drug use. For those seeking to experience higher, more enlightened levels of consciousness, this guide offers methods that can give lasting and uplifting results, including spiritual exercises, sacred tones, keeping a journal, and exploring one's spiritual heritage.



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