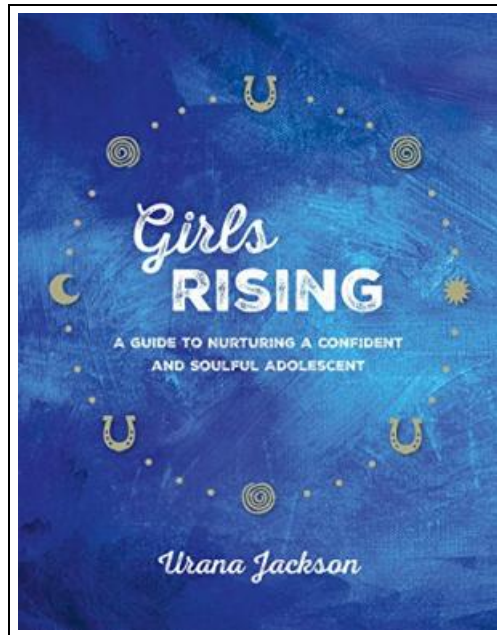


## Girls Rising (Paperback)



Filesize: 1.73 MB

### **Reviews**

*Complete guideline! Its such a excellent read. This really is for all who statte there had not been a worth studying. It is extremely difficult to leave it before concluding, once you begin to read the book.*

**(Timothy Lynch)**

## GIRLS RISING (PAPERBACK)



Parallax Press, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book. This guide for adults working with adolescent girls will help them explore and develop their emotional, social, and spiritual selves. Young people are hungry and capable of engaging in meaningful explorations of themselves and the world around them. Adolescent girls especially have a deep desire and capacity to know themselves and explore their own spirituality. Girls Rising is a workbook of activities designed for educators, mental health clinicians, youth workers, parents, and, in some cases, peer educators working with girls ages 13 -- 17 that provides a process for them to explore and develop their emotional, social, and spiritual selves. The curriculum comprises of four themes surrounding self-awareness, empathy and communication skills, social engagement, and transpersonal exploration. Incorporates drawing, writing, music, media, role-playing, storytelling, and deeply penetrating interactive activities to help incite self-discovery, enhance relationships, and connect girls to a cause, principal, or source greater than themselves. Jackson's guide offers teenage girls a unique opportunity to engage with their changing selves and their environment from a deeply soulful and creative place.



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## Relevant Books



### **Depression: Cognitive Behaviour Therapy with Children and Young People**

Taylor Francis Ltd, United Kingdom, 2009. Paperback. Book Condition: New. 242 x 174 mm. Language: English . Brand New Book. In recent years there has been an increase in research into childhood depression, and it...

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Createspace, United States, 2015. Paperback. Book Condition: New. Apoorva Dingar (illustrator). Large Print. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Klara is a little different from the other...

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