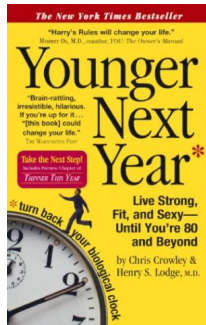


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YOUNGER NEXT YEAR: LIVE STRONG, FIT, AND SEXY - UNTIL YOU RE 80 AND BEYOND (HARDBACK)



Turtleback Books, United States, 2007. Hardback. Book Condition: New. Turtleback School Library ed.. 198 x 128 mm. Language: English . Brand New Book. Turn back your biological clock. A breakthrough book for men--as much fun to read as it is persuasive-- Younger Next Year draws on the very latest science of aging to show how men 50 or older can become functionally younger every year for the next five to ten years, and continue to live like fifty-year-olds until well..

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- Authored by Chris Crowley, Henry S Lodge
- Released at 2007



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