



Doodles Journal - Great for Sketching, Doodling, or Planning with Pale Pink Cover: 100 Pages, Wide Ruled, 8 X 10 Book, Soft Cover (Paperback)

By Legacy

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Doodling/Sketching Journal This doodle journal was designed to incorporate 2 skills - drawing and imagination. Learning to use your imagination is an important skill. Imagination is one of the first steps in achieving anything and is needed in the creation process. It is what will help you to find solutions to any obstacle you face or any goal you want to achieve. Doodling helps to bring our imagination to life. Doodling also helps with concentration, learning/memory, alleviating stress, refining our thoughts and increasing your creativity. Need help with what to sketch? Challenge yourself to draw something you saw during the day and then make up a little story about it. If you start with something you see, hear or eat during the day, the mind blocks will be removed and the creativity juice will began to flow. Other sketch/doodle suggestions. mind map a book, a lecture, a documentary sketch a goal/dream sketch ideas about a hobby map out/sketch a project do some brainstorming make a list/drawing of your favorite things Children learn to draw before they can read or write. The need...



READ ONLINE
[7.22 MB]

Reviews

This book is great. it was writtern quite flawlessly and helpful. You will not truly feel monotony at whenever you want of your time (that's what catalogs are for concerning if you ask me).

-- **Sterling Kris**

I actually started off looking over this publication. Indeed, it really is play, nevertheless an amazing and interesting literature. Its been printed in an exceedingly basic way and is particularly just right after i finished reading this ebook by which actually altered me, affect the way i believe.

-- **Toney Bernhard**