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56 Delicious Alkaline Drinks: From Teas and Juices to Delicious Smoothies (Paperback)

By Mattis Lundqvist

Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Recipes: Celery Tea with Mint and Dandelion Ice Tea Fennel Style Almond-Coconut-Smoothie Zucchini-Olive-Squash-Smoothie Smoothie with Sprouts and Sweet Potatoes Beetroot-Pomegranate-Veggie-Smoothie Quick Zucchini Juice Coconut-Lemon-Juice Lemon Ice Tea with Cucmber Hot Chili Tea Coconut-Water-Juice with Pepper Juice the Beetroot Way Almond-Grapefruit-Juice Orange-Lemon-Juice Apple-Lemon-Juice Mint-Lavender-Tea Ginger-Lemon-Juice Cinnamon-Coconut-Juice Cucumber-Tomato-Juice Rooibos Tea with Grapefruit Spinach-Milk-Juice Tomato-Coconut-Juice Avocado-Almond-Juice Fresh-Mint-Leaves-Smoothie Empowering-Cabbage-Smoothie Cayenne-Clove-Smoothie Seed-Coconut-Smoothie Lemon-Avocado-Coconut-Smoothie Asparagus-Coconut-Smoothie Smoothie Pomegranate Style Coconut Smoothie with Spinach and Banana Stevia-Lemon-Smoothie Banana-Cabbage-Smoothie Ice-Barley-Smoothie Papaya-Coconut-Smoothie Smoothie Chili-Pepper-Style Carrot-Orange-Smoothie Gazpacho-Garlic-Smoothie Cinnamond-Almond-Lemon-Smoothie Iced Coconut-Oat-Smoothie Almond-Alfalfa-Smoothie Good Ol Peppermint-Tea Chamomile Tea with Dates and Mint Fennel-Spinach-Juice Kale-and-Spinach-Juice Broccoli-Pumpkin-Juice Beetroot-Tofu-Smoothie Tomato-Potato-Broccoli-Juice Spinach-Parsley-Coconut-Juice Grapefruit-Cucumber-Juice Almond-Rosemary-Tea Ginger-Lemon-Tea Flax-Parsley-Tea Rosehip- Lemon-Tea Mint Tea with Yerba Mate Hibiscus-Mint-Tea.



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