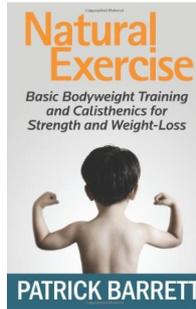


Natural Exercise Basic Bodyweight Training and Calisthenics for Strength and Weight-loss



Book Review

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