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## Multiple Sclerosis: The Essential Guide

By Leonie Martin

Need2Know. Paperback. Book Condition: new. BRAND NEW, Multiple Sclerosis: The Essential Guide, Leonie Martin, Multiple sclerosis (MS) is the most common disease of the central nervous system affecting young adults, usually diagnosed in people aged between 20 to 40. A recent MS Society survey indicated that there are at least 100,000 people living with MS in the UK. Only 20 years ago, a diagnosis of MS was assumed to mean a bleak future. Thankfully, times have changed. There is still no cure for MS, but due to ongoing research, new and better treatments have been developed. More is also understood about the role lifestyle can play in symptom management. If you, or someone you know, is diagnosed with MS, it is important to remember that no two people will experience exactly the same combination or range of symptoms. Use this book like a toolbox, pick out the relevant parts you may never need the rest. There is no denying that a diagnosis of MS will bring changes. But with the right medical treatment, support and advice, you can find your own unique balance between having this chronic condition and having a life.



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