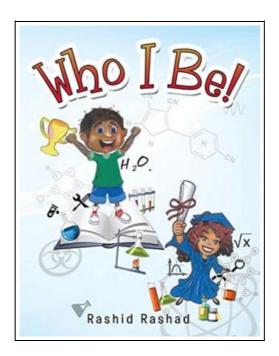
# Who I Be! (Paperback)



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## Reviews

This publication is very gripping and exciting. Better then never, though i am quite late in start reading this one. I am very happy to inform you that here is the finest pdf i actually have read inside my very own daily life and could be he greatest publication for actually. (Dayana Aufderhar)

### WHO I BE! (PAPERBACK)



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AUTHORHOUSE, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This book which focuses on the child s self-concept (also called self-perspective or self-identity) is a collection of beliefs about oneself that includes elements such as academic performance, gender roles and racial identity. Generally, self-concept embodies the answer to ?Who I Be Humanist psychologist Carl Rogers believed that there were three different parts of the self-concept: 1. Self-Image or how you see yourself. 2. Self-Worth or how much you value yourself. 3. Ideal-Self or how you wish you could be. Congruence or Incongruence of a positive self-concept has its earliest roots in childhood. Why is the self-concept so important? Because it literally regulates how well we put to use whatever knowledge that we already have. We perform as much to our self-concept as we do to our knowledge. This book is a tool to use for the child to increase a positive self-image, to bolster the child s self-worth, plus strongly place a high value of themselves and constantly striving to be their true ideal-self. Continual reading of this book will inculcate in the child to always be their better self!.

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