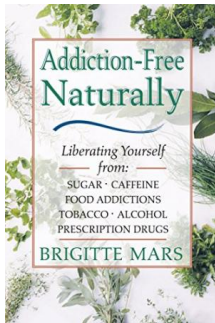


Get eBook

ADDICTION: LIBERATING YOURSELF FROM SUGAR, CAFFEINE, FOOD ADDICTIONS, TOBACCO, ALCOHOL, PRESCRIPTION DRUGS (PAPERBACK)



Inner Traditions Bear and Company, United States, 2001. Paperback. Condition: New. Original ed.. Language: English . Brand New Book. The first comprehensive guide to overcoming addictions by using natural remedies that rebuild health for both body and mind from the inside out. - Covers a full range of natural remedies, including herbs, homeopathy, aromatherapy, flower essence remedies, color therapy, acupressure, and more. - Addresses many different substances, such as caffeine and chocolate, and discusses how the body deals with withdrawal,...

Download PDF Addiction: Liberating Yourself from Sugar, Caffeine, Food Addictions, Tobacco, Alcohol, Prescription Drugs (Paperback)

- Authored by Brigitte Mars
- Released at 2001



File size: 4.55 MB

Reviews

This type of publication is every thing and taught me to searching ahead and more. It can be rally fascinating throug reading throug period of time. You can expect to like how the blogger write this pdf.

-- **Dr. Jillian Champlin IV**

Very good electronic book and useful one. it absolutely was writtem extremely completely and useful. You will not feel monotonny at at any moment of your respective time (that's what catalogs are for relating to when you question me).

-- **Prof. Noah Zemplak DDS**

Unquestionably, this is actually the greatest function by any writer. We have go through and so i am confident that i am going to gonna read through once more once again later on. I am just happy to explain how this is actually the very best book i have got go through during my individual existence and might be he greatest ebook for ever.

-- **Wilbert Connelly**