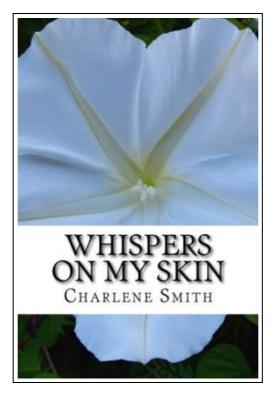
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WHISPERS ON MY SKIN: RELEARNING INTIMATE TOUCH AFTER TRAUMA (PAPERBACK)



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Sunset Road, United Kingdom, 2012. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. Intimacy, whether shared coffee with a friend and great conversation, or lying close to a lover, skin to skin is one of life s joys. After trauma, however, relationships may become tense because of the fears of the survivor, or his or her partner. This practical guide to removing the obstacles to fulfilling love, affectionate relationships and great sex after experiencing harm looks at sex and sexuality, PTSS, overcoming trauma, creating happiness, and tussling with forgiveness. Case studies drawn from three decades of trauma counseling are used as well as the latest research into the brain, trauma, sexology and psychology. It also helps those who love you. Charlene Smith is a multi-award winning writer and rape survivor, as well as a certified trauma counselor who has counseled trauma survivors across the world. She has worked with major research organizations including the Centers for Disease Control and the World Health Organization and addresses conferences across the world. Profiled twice by Time magazine, CBS 60 Minutes and others she believes that pain can open the door to the best years of your life, once you find the tools.



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