



Amazing Pasta at Home. 25 Recipes Pasta for Every Day. (Paperback)

By Tim Allen

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Pasta can be cooked in minutes and it comes in various shapes which include short, long, convoluted or straight and it can be served with different types of sauces. This satisfactory recipe can be cooked for any occasion, in any situation and can be prepared as a dessert, snack, main dish or even complete meal. Some additions like cheese, fish, fat, and meat provide amino acids, protein, essential vitamins, calcium and other vital nutrients that normally improve our general health and well-being. I am sure it will be easier for you to learn how to prepare all the recipes explained in this book as the ingredients are cheap, easily available and directions are brief and well explained. Eating pasta is one of the best ways of getting energy from food as it contains carbohydrate that can easily be digested. This book has been subdivided into three chapters; where: - chapter one contains pasta with meat and pasta with seafood: chapter two contains baked pasta filled pasta: chapter three contains vegetarian pasta. It s my hope that you ll enjoy reading through each...



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Reviews

Completely essential read through publication. It normally does not expense excessive. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Morris Cruickshank**

A new electronic book with an all new standpoint. It usually fails to charge too much. Its been printed in an exceedingly basic way in fact it is simply following i finished reading this book through which basically altered me, affect the way in my opinion.

-- **Dr. Amie Bogisich**