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Quotes and Coloring!: Taken from the Love Art Journal Workshop! (Paperback)

By Tamara Kulish

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Did you love, love the quotes and coloring pages in the workbook and wished they were printed on one side only, so you could frame your beautiful creations to hang up in your home as inspiration? Now you can! Here s a coloring book with the quotes from the first workbook so you can sit, relax and just have fun! About the book which inspired the workshop: This emotionally supportive guide and resource is written in a nonjudgmental way, so you feel you and the author are sitting together while you gather your strength to overcome so many of life s issues. About On Becoming a Lemonade Maker and the Tamara: The author speaks from experience, having survived a physically and mentally abusive childhood which was spirit breaking. Tamara spent many years struggling with hidden depression and the negative self-talk that inner pain brings on. Tamara has used her skills as an Artist and Photographer to work through her deepest and most painful life issues, and now she shares what she learned with you! This book is the accumulation of all...



Reviews

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