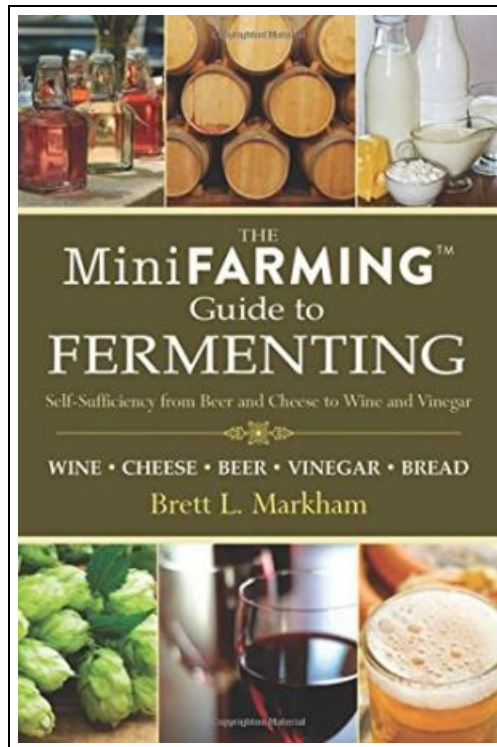


## Mini Farming Guide to Fermenting: Self-Sufficiency from Beer and Cheese to Wine and Vinegar (Paperback)



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### **Reviews**



*Extremely helpful to all type of folks. It is among the most awesome pdf i actually have study. I found out this pdf from my dad and i recommended this pdf to discover.*

**(Dayana Turner)**

## MINI FARMING GUIDE TO FERMENTING: SELF-SUFFICIENCY FROM BEER AND CHEESE TO WINE AND VINEGAR (PAPERBACK)



Skyhorse Publishing, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book. Making your own delicious wines, cheeses, beer, and other fermented foods is an important self-sufficiency skill. Brett Markham, author Mini Farming: Self Sufficiency on 1 / 4 Acre is here to help you get started in his new handbook that covers everything you need to know about fermenting. Using your own home-grown produce Markham explains how to ferment just about anything you can grow, and reminds us that gourmet cheeses, fancy vinegars, and store bought wines can be expensive-making your own can not only be fun but saves money and encourages self sufficiency. Learn to make fluffy sourdoughs or explore different methods for brewing beer. You can experiment making wine with pressed fruit in a fermenter or use a countertop juice machine-or forget the grapes and try a wheat or barley wine. In The Mini Farming Guide to Fermenting you ll find recipes and instructions that are easy to follow with checklists, extensive tables, measurements, the author s own photographs, and diagrams. Homemade wines, cheeses, and beer all make excellent gifts for special occasions and are easily stored for next season - so enjoy learning to master one of the world s oldest natural food processes while creating delicious foods and beverages for you and your family. Topics include: an introduction to fermenting; preparation checklists and lists; making your own country wines; making your own beer; making cheese at home; other fermented foods: vinegars, krauts, sourdoughs; greater food self-sufficiency; and, cooking for self-sufficiency.

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